

**Botanic name :** *Senecio contorta* /*S. aureus* Georgi

**Common name :** Golden Ragwort

**Family :** Asteraceae (Compositae)

**Habitat :** Terrestrial

**Distribution :** Indian Himalayas

**Description :** An annual erect herb or undershrub; leaves alternate, acute at apex, entire at margin, cuneate at base; inflorescence capitulum; capitula radiate or discoid, usually yellow; involucral bracts usually one seriate, often subtended by calyculate bract; ray florets in one seriate, pistillate, fertile, pappus copious or sparse or sometimes absent; disc florets few to numerous, tubular, bisexual, fertile, five dentate, usually yellow, fruit cypsela, pappus copious

**Phytochemicals:** Bioactive compounds like flavonoids, alkaloid, sterols and triterpene, saponin, terpenoid, steroids, cardiac glycosides, fatty acid, coumarin, emodins, polyphenol, reducing sugar, anthocyanosides, anthracenosides, flavon aglycones, tannin, volatile oil

**Medicinal/Economic uses :** Antidiarrheal, antidermitis, astringent, pungent, antiacne, uterine stimulant; effective against ovulation pain, blood impurity, and menstrual disorder. Widely used in Indian Homeopathic system for treating nerve disorder, headache, stomach problem, throat irritation, abdominal pain, Nephritis. Irritable bladder of children, renal colic, respiratory as well as sleep disorder.