

Botanic name : *Galium sp*

Common name : Bedstraw

Family : Rubiaceae

Habitat : Terrestrial

Distribution : Indian Temperate Himalayas

Description : Semi-erect, 4-angled stems; leaves ovate-lanceolate, simple, interpetiolar stipulate; the stem. The whole plant is covered in minute hooked hairs, and can cling to skin, fur and clothing. The flowers are beautiful, pink, 4-petalled tubes

Phytochemicals: Iridoid glycosides, phenolic compounds, anthraquinones and triterpenes, as well as small amounts of tannins, saponins, essential oils

Medicinal/Economic uses : Diuretic, choloretic and as the treatment for gout and epilepsy. On the other hand, *G. mollugo* has been used to treat hysteria, epilepsy, as vulnerary.